



# Spring/Summer COURSES FOR 2009

## **Foundation Course in Advocacy and Empowerment**

May: Tues 12<sup>th</sup>, Fri 15<sup>th</sup>, Tues 19<sup>th</sup>, Fri 22<sup>nd</sup>, Tues 26<sup>th</sup> and Fri 29<sup>th</sup> 10 am - 2:30pm

July: Wed 8<sup>th</sup>, Thurs 9<sup>th</sup>, Wed 15<sup>th</sup> & Thurs 16<sup>th</sup> 9.30am - 4.30pm

- Learn about the different types of advocacy
  - Learn how to advocate
  - Gain some advocacy skills
- Gain skills to help you work with clients in an empowering way

## **Brief Introduction to Advocacy and Empowerment**

Thursday 4<sup>th</sup> June

All courses run from 9.30am - 4.30pm

- Learn about advocacy and empowerment
- Learn how to become an active listener
  - Learn about the role of an advocate
- Gain knowledge on advocacy principles

*Charges apply. Free places available, please enquire.*

**To book a place please call Bushra on (01254) 301030 or  
email: [bushra@elas.org.uk](mailto:bushra@elas.org.uk)**

**Venue: East Lancs Advocacy, 54 Blackburn Road,  
Accrington, Lancs BB5 1LE  
Web: [www.elas.org.uk](http://www.elas.org.uk)**

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